

## Adult E-Poster

appropriate fluid management, her sodium levels gradually normalized.

### CONCLUSION

This case highlights a rare but clinically significant adverse effect of zoledronic acid therapy. Hypocalcemia remains the more commonly expected metabolic complication. A few cases of hyponatremia associated with severe diarrhea or vomiting following zoledronic acid administration have been reported in the literature. However, our patient did not exhibit such gastrointestinal symptoms. Although the exact mechanism by which zoledronic acid contributes to hyponatremia remains unclear, early recognition is crucial to prevent potential complications.

## EP\_A131

### A SEPTIC MASQUERADE: MULTIFOCAL SEPTIC ARTHRITIS REVEALING DISSEMINATED MELIOIDOSIS IN A YOUNG PATIENT WITH TYPE 1 DIABETES

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Nur Iffah Illani Mohamed Rasidi,<sup>1</sup> Soo Huan Puah,<sup>1</sup> Wei Ping Lee,<sup>1</sup> Poh Shean Wong,<sup>2</sup> Fauzi Azizan<sup>2</sup>

<sup>1</sup>Medical Department, Hospital Jempol, Negeri Sembilan, Malaysia

<sup>2</sup>Medical Department, Hospital Tuanku Ampuan Najihah, Kuala Pilah, Malaysia

### INTRODUCTION/BACKGROUND

Melioidosis, caused by *Burkholderia pseudomallei*, is a potentially fatal infection endemic to Southeast Asia and northern Australia. While often linked to type 2 diabetes mellitus, disseminated melioidosis in patients with type 1 diabetes mellitus (T1DM) is exceedingly rare, more so if with musculoskeletal involvement. We report a case of disseminated melioidosis presenting with multifocal septic arthritis, a thigh abscess, pulmonary infection, and splenic microabscesses in an adolescent with T1DM, highlighting the need for heightened vigilance in endemic regions.

### CASE

An 18-year-old Indian female with T1DM since age of 13 (HbA1c 10.3%), on insulin aspart and detemir, presented with five weeks of fever, one week of painful left thigh swelling, and three days of cough. She was admitted with severe diabetic ketoacidosis and was empirically treated with intravenous ampicillin-sulbactam. Ultrasound of the left thigh revealed an abscess, which was drained; pus culture was positive for *Burkholderia pseudomallei*. Antibiotics were escalated to intravenous ceftazidime and trimethoprim-sulfamethoxazole.

Despite treatment, she remained febrile and required intubation on day eight of admission due to respiratory compromise. Blood and respiratory cultures also isolated *Burkholderia pseudomallei*. Computed tomography of the thorax, abdomen, and pelvis showed pulmonary infection (patchy ground-glass opacities, bilateral consolidation, minimal pleural effusion) and splenic microabscesses. Joint ultrasound revealed bilateral knee effusions and a complex right ankle effusion. Emergency arthrotomies and washouts of all affected joints yielded the same organism.

Her fever resolved with marked clinical improvement following complete source clearance. She was discharged ambulatory after six weeks of intravenous ceftazidime and a five-month oral eradication course, with optimized glycemic control. Follow-up imaging confirmed resolution of all lesions.

### CONCLUSION

This case highlights that the aggressive and atypical presentation of disseminated melioidosis in T1DM may delay diagnosis. Persistent fever in endemic areas warrants prompt reevaluation. Early antibiotic escalation, timely surgical intervention, and multidisciplinary care were keys to recovery.

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### A CASE SERIES OF THREE CHINESE-MALAYSIAN PATIENTS WITH VARIED CHARACTERISTICS OF LATENT AUTOIMMUNE DIABETES IN ADULT (LADA)

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Muhammad Aiman Mohd Azhari, Mas Suria Mat Daud, Md Syazwan Md Amin

Endocrine Unit, Hospital Tengku Ampuan Afzan, Kuantan, Malaysia

### INTRODUCTION/BACKGROUND

Latent autoimmune diabetes in adults (LADA) is an autoimmune diabetes typically present in adulthood with initial insulin independence and positive anti-glutamic acid decarboxylase (GAD) antibodies. Most progress to insulin dependence within six months of diagnosis.

We present three Chinese-Malaysian patients with LADA, each demonstrating varied presentations and management, all culminating in diabetic complications.

### CASE

**Case 1.** A 53-year-old lean male with a 22-year history of presumed Type 2 Diabetes Mellitus (T2DM), initially