

Message from the MEMS President



Greetings to all delegates and speakers from near and far, we highly appreciate your presence and support. It is with the greatest pleasure and pride that MEMS presents MAC 10 (2019), the one and only annual national-level endocrinology congress in Malaysia. We look forward to a few days of sound scientific discussion and intellectual discourse, whilst enabling plenty of opportunities for friendly social interactions and future professional networking.

This year we have ventured into few niche areas in endocrinology, starting out with a full day of pre-congress dedicated to an emerging area of multidisciplinary care in the management of endocrine tumours encompassing pheochromocytomas, paragangliomas and neuroendocrine tumours, a focus very close to my heart. We are extremely fortunate to have with us leading global and local experts in this field to update us on current and state-of-the-art developments in research, diagnostics and therapeutics.

The main congress ensures a broad yet in-depth coverage of endocrine topics which will certainly fulfil the needs of both the general and specialized medical practitioner. The congress theme “Simplifying the Complexity of Endocrinology” expresses the key mission and quest of our endocrinology fraternity which is the need to constantly ease the understanding of the multitude of hormonal dysfunctions and pathophysiology underlying various diseases. This will surely enable greater acceptance and practice of specific treatment approaches and interventions that have been formulated and currently recommended for various endocrine disorders.

We are also excited to highlight MEMS collaborative efforts in updating local management guidelines for thyroid disease, acromegaly and diabetes with cardiovascular disease. The congress provides a timely opportunity to share these special achievements with all of you first before we embark on efforts to disseminate them nationwide in the coming months.

Finally, on behalf of the MEMS executive committee, I convey our sincere gratitude to all involved in organizing MAC 10 and to the industry partners, for their keen involvement and generous support for our annual congress.

Wishing much peace and goodness for all and hope that all will enjoy a most pleasant and memorable experience at MAC 10 this year.

A handwritten signature in black ink, which appears to read 'Zanariah Hussein'. The signature is fluid and cursive, with a long horizontal line extending from the end.

Zanariah Hussein
MEMS President 2018–2020