

Message from the Organising Chairperson



Dear Friends and Colleagues,

On behalf of the organising committee of the 10th Malaysian Endocrine and Metabolic Society (MEMS) Annual Congress (MAC), I would like to express our gratitude and extend a warm welcome to all delegates who will be joining us this year. It has been an exhilarating experience for us in planning this event which will bring together eminent speakers, not only in the field of endocrinology, but from other disciplines including cardiology, nephrology, geriatric medicine and others. A special welcome to our international speakers who have committed their valuable time and effort to ensure a successful meeting for all of us.

We hope that the congress will achieve its objective to *"Simplify the Complexity of Endocrinology"*, to highlight the complicated yet interesting and important practicalities of endocrine abnormalities. We are thrilled that the congress has been able to attract an increasing number of delegates over the past few years, and benefitting all levels of healthcare providers from nurses, students, general practitioners, trainees and specialists. This year, the congress has managed to obtain a number of participants and subsequently, in order to provide a comfortable and pleasant experience to the delegates, we have expanded the meeting venue to include two adjoining hotels, Hilton and Le Meridien Kuala Lumpur.

I would like to acknowledge the tireless efforts of the organising committee in putting together a robust and stimulating program that is comprehensive yet focused on recent hot topics in endocrinology. Our 'Meet the Expert' sessions are specifically planned to allow an intimate and effective small group discussions over difficult diagnostic or management dilemmas. We look forward to the concluding few lectures, which will be discussing a few 'hot' hormonal topics. The pre-congress on Neuroendocrine Tumours has received overwhelming response, exceeding our expected number of participants, which we hope will create heightened awareness on this increasingly common rare disease.

I would like to thank the delegates who had submitted their abstracts to our congress and congratulations to those whose abstracts had been accepted either as oral or poster presentations. An advanced congratulatory greetings to our winners in the adult, paediatrics and basic science categories of the Young Investigator Awards. We hope that this will further boost your research interests and inspire other young researchers as we aspire to elevate research standards in the country. Our utmost appreciation to the Editorial Board of the Journal of the ASEAN Federation of Endocrine Societies (JAFES) for agreeing to a Supplementary Issue of the congress abstracts. I believe this signifies a meaningful relationship towards many more future collaborations.

A special thank you to the excellent support from our partners in the pharmaceutical industry, with whom we had been working very closely. It is highly commendable that the industry shares our passion in academic discourse towards better knowledge and patient care.

Finally, we look forward to an impactful meeting among experts, robust discussions among colleagues, but most importantly an enjoyable gathering among friends. We hope that you will gain immensely from the congress and we hope to see you next year.

Thank you.

Best wishes,

Professor Dr. Rohana Abdul Ghani
MAC 10 Organising Chairperson